



Turtle-Tested Yams

Each week when I visit Stone Bank Farm Market, I come with a list. Last week I was looking for fresh spinach, potatoes, and canned coconut milk for a weekend soup. This week I plan to stock up on free-range eggs, chicken, local pasta, greens, and other ingredients for quick weeknight suppers. My market list varies with my menus. There is one item on my weekly list, however, that never wavers. It's the yams.

Part of my job as a teaching naturalist at a nearby nature center involves animal care. The doves, toad, turtles, snakes and other Animal Ambassadors at the center require regular care and feeding. Nattie, one of our ornate box turtles (*an endangered species in Wisconsin*) shares my love of yams ----- and Stone Bank Farm Market has some of the yummiest, sweetest yams I've ever tasted. Nattie seems to agree.

There is nothing like the face of a happy turtle -----so for the ornates, Nattie and Olive, and the three-toed box turtles, Bonnie and Clyde, the yams at SBF will always be a part of my weekly Stone Bank shopping list. #TurtleTestedTurtleMotherApproved!



Nattie eating a turtle salad with her favorite Stone Bank Farm Market yams from Olden Organics Farm in Ripon, WI.



Jen Groves is a teaching naturalist with a love for the outdoors and an interest in spreading the word about one of her favorite places in SE Wisconsin.